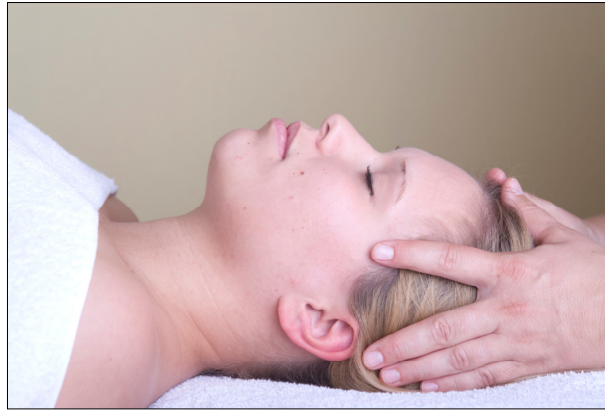


The International School of Bowen Therapy (ISBT) is proud to be associated with Eleanor Oyston and her training school, Oncology Massage Training (OMT).

In 2007 ISBT encouraged Eleanor to put together a course aimed at Bowen Therapists but it soon became obvious that all manner of therapists could benefit, the Bowen component being easily understood and experienced.

In conjunction with the HK Occupational Therapists Association (HKOTA), over 100 occupational Therapists have successfully completed the ISBT-Bowen Therapy Foundation Course. There is a very dedicated team of therapists in HK who have identified an extremely useful tool to work with people in pain. And more.

ISBT is Australian founded, has been teaching internationally for 14 years and in HK for seven years. ISBT-Bowen Therapy courses are currently held in Europe, Australasia, Asia and South America.




For further information about these events, or general training in ISBT-Bowen Therapy in HK:

Contact Irene Lim
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ISBT is affiliated with the independent Bowen Therapist Federation of Australia and is a member of the BTFA Council of Schools.



ISBT - Bowen Therapy
*A Good Move
for Every Body*
INTERNATIONAL SCHOOL OF
BOWEN THERAPY
www.bowen-therapy.com

DISPELLING THE MYTHS Cancer & Manual Therapy

Seminar 1.
Half Day -
for all people
affected in some
way by cancer

**Touch can
be a Friend**

*A Ground-breaking Seminar to
awaken you to quality of life
issues faced by cancer patients
and how they may be managed*



Seminar 2.
Two Days -
For all Health
Professionals

**Cancer
Symptom
Management**

The role of Manual Therapists

Why, how and when to work with cancer patients. A seminar for Health Professionals who wish to understand how they can help.

August 2012

Course Developer
and Presenter

**Eleanor
Oyston**

(CT(ASC) DipRM
Bowen Therapist)
(Australia)



Eleanor Oyston is a cytologist who diagnosed cancer for 20 years, was the technical manager of a medical research laboratory for 10 years then trained as a massage and Bowen Therapist.

In 2000 Eleanor developed 'Massage, Bowen Therapy, Cancer and More' which was the only approved course in Australia designed to teach experienced massage and Bowen Therapists the skills they need to work with folk with cancer. She is an international presenter and facilitates residential programs in Australia for people with cancer.

Hospital contract a 'First'

The recently opened Olivia Newton John Cancer and Wellness Centre at the Austin Hospital, Heidelberg, Victoria, is the first Wellness centre in Australia offering complementary therapies alongside cancer treatment in a fully integrated program. OMT is offering advanced training for skilled massage and Bowen therapists equipping them to work alongside medical staff in supporting best practice care for patients with cancer. This in-hospital program is an International first.

Eleanor is presenting two workshops at the Society for Oncology Massage conference (USA) in April 2013 on 'The benefits of Bowen Therapy for clients with cancer, in cancer treatment or living well with a history of cancer.'

Dispelling the Myths Cancer Symptom Management

**Seminar 1 - Half Day -
August 24**

Touch Can Be a Friend

This half day seminar is for all people who have been touched in some way by cancer, either as a sufferer, a carer or health industry professional, and want to know more about the opportunities available that may improve or maintain quality of life of people faced with these challenges.

A broad explanation of the science and realities concerned with the development, management and treatment of cancer will allow wider choice for everyone concerned.

**Seminar/Workshop 2 - Two Days -
August 25/26**

The Role of Manual Therapists

For all Health Professionals

This workshop will cover the science of cancer and cancer treatments as well as developing your skills in overall patient symptom management.

We will offer insights into the emotional, physical and professional challenges therapists face when working with clients confronted with major diseases. Included will be the principles of spontaneous remission, the biology of belief, how the interstitial sea is influenced by our internal pharmacy, toxins and diet and what we can do about it.

Practical aspects of this workshop will focus on the use of ISBT-Bowen Therapy as a major treatment component for symptom and wellness management.

Results Speak for Themselves

Acceptance of the management of cancer patient symptoms with strategies including manual therapies has, in the past, been a difficult road paved with assumptions that did not necessarily fit with realities. But ongoing results are speaking for themselves and awareness is growing.

Since the turn of this century in particular, a line of studies have shown the usefulness of working with cancer patients using targeted, gentle manual therapies. While manual therapies have not always been considered favourably, massage and Bowen Therapy do not spread cancer.

The key is knowing when and how it is appropriate to work with cancer patients, and understanding the most effective way to work with them.

Cancer covers a broad range of site specific illnesses that require thoughtful management, especially once medical treatment protocols are established. Working alongside and within these protocols as an equal partner in the process can be the key to an individual's treatment, creating an harmonious environment that can aid a patient in ways not previously considered.

For the person in treatment for cancer or recovering from it, massage and Bowen take on other meanings. As well as being used to relax traumatised muscles, detoxify the body, or increase range of motion, gentle, targeted manual therapy becomes a strategy to lower anxiety and pain, improve energy, or decrease nausea.

These are powerful tools to develop an environment of peace, recovering a sense of wellbeing in the face of life-threatening illness.